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Word of the Month

CONFIDENCE

Sometimes it's hard to be confident. We may feel shy or unsure of ourselves. However, being confident is important! Here are some ways someone without confidence might act - and ways they can improve their behavior with confidence. Write in what you think other ways of acting confidently are.

WITHOUT CONFIDENCE

WITH CONFIDENCE

Not answering a question that you know.

-> Raising your hand in class.

Ignoring someone who cuts in line.

-> Saying, "Excuse me, I was there. May I move back?"

Avoiding a new student.

-> _____

Walking with your head down.

-> _____

Crying when you get a bad grade.

-> _____

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